

# Hotlines

SAVE NUMBERS TO YOUR CONTACTS

1. Tears helpline: \*134\*7355#

2. Gender Based Violence national hotline: Dial \*120\*7867#  
(free) from any cell phone and a social worker will call back.

Available Monday to Sunday, 24 hours a day. GVB Hotline:

080 042 8428

3. Stop gender violence: - 0800 150 150

4. Human Trafficking hotline 0800 222 77

5. Childline 08000 555 55

6. Lifeline Counselling Number: 0861 322 322